

HOPE &
HEALTH



WHO WE ARE?

- A group of people, who is interested to improve lives of the mentally disabled families; Hope and Health was founded in 2001 by few parents of adults with intellectual disorders;
- Non-governmental, non-for-profit organization that supports people with intellectual disabilities (PwID) and their families in Chisinau and around, by providing them social and consulting services with the purpose of their social integration, their rights' and interests' protection, as the right to a decent life, the right to support and the right to self realization.



BENEFICIARIES (TARGET GROUPS)

- People with mental and intellectual disabilities who are not covered by State programs (schools, professional schools, psycho-neurological hospitals, neurological boarding houses, vocational schools, employment, etc.);
- Family members, relatives, neighbors or other persons related to people with mental disabilities;
- Socially vulnerable people (the poor, elderly, solitary);
- NGOs and initiative groups working with vulnerable groups.




WHAT WE ARE DOING?

- **Day-care services**: self-care skills development, therapies (through dance, music, theatre, sports, art, etc.), socialization (trips, festivals, exhibitions, visits, competitions, environmental projects), vocational training according to each person's abilities and looking for employment possibilities.
- **Psychological, humanitarian, informative and legal assistance** for disadvantaged.
- **PR and Advocacy** in order to raise awareness and improve the quality of disadvantaged families' life.





WHY WE ARE DOING THIS?

- There is no place in the community for adults with mental and intellectual disabilities:
 1. Vocational training is not available to them;
 2. A very small number of them can be employed;
 3. Many of them find itself in the street - begging, stealing, consuming drugs - and not getting the necessary support.
- In order to live a decent live, they require continuous support (including medical) a  development.



HOW IT STARTED?

- 2001-2003 – only volunteer work, writing projects, looking for support and places for activities, etc.;
- 2003 – First project application was approved – financing for day care center creation;
- 2004 – Municipal Council Decision to offer in free rent the destroyed building of the former



AND CONTINUED...

- For more than 15 years about 40 projects of different sizes were implemented with contribution:
 - ✓ about 50% international donors;
 - ✓ about 10 % local donors;
 - ✓ about 40% volunteer work and in-kind support.
- Implemented project goals:
 - Social inclusion (therapy, training, events, etc.);
 - Organizational development (capacity building, premises repair and equipment, new services, etc.);
 - PR and Advocacy (law improvement awareness



REPAIR WORKS ARE CONTINUOUS



The atmosphere is domestic and everyone has its obligations



Beneficiaries perform everyday life tasks in the day center like cleaning, gardening



Cooking training is one the most used
tool in our practice



Everyday, the beneficiaries pass different therapies, improve their skills, work in a team





Art-therapy



The organization is open to other visitors.
Beneficiaries can come with their relatives and friends.



ERASMUS+ PROJECTS – COOPERATION WITH INTERCOLLEGE, DENMARK



ITALIAN CHURCH VISIT



Beneficiaries go to the market with social worker for shopping.



Collective trips to theaters, museums, cinemas, restaurants, etc. are periodically organized.







Work and interaction with youths (peers)





Joint activities with other organizations, such as concerts, exhibitions, sport events, etc.





There are organized events with participation of various people (officials, neighbors, volunteers).







PARTICIPATION TO INTERNATIONAL EXCHANGES



Here they meet, make friendships, fall in love, and
sometimes even create families









Therefore, we do not pay attention to what a person can not do, but what he can.



Maximum utilization of the capacity of
person with mental disabilities develops all
his sides



Labor includes a huge range of options to remedy the shortcomings of people with mental disorders







LOOKING FOR OPPORTUNITIES TO EARN MONEY (EMPLOYMENT) BY PWID

- As for example, local business' order – handmade Easter cards



The parents (guardians) receive advice on education and training of people with mental disabilities



Transporting beneficiaries with physical impairments to the activities, hospital, etc.



Workshops and trainings for PwD and their parents (guardians) with participation of different experts



FREE HAIRDRESSING SERVICES



HUMANITARIAN SUPPORT FOR DISADVANTAGED



PR and Advocacy – participation to round tables with authorities, conferences, etc.



PR and Advocacy – interviews, press-releases, TV and radio programs, etc.



PR and Advocacy – spreading informational materials, booklets, etc.



HOW MANY BENEFICIARIES HOPE AND HEALTH SERVES?

- **Day care services** – up to 20 beneficiaries daily, 29 today - some of them coming every day, others only on specific therapy/training. It depend on implemented projects or volunteers activities.

Note: Hope and Health goal is to integrate PwID in society, to teach them to live independently in their community, finding a job/occupation, etc. Day care center is a stage / a step in their lives. For some of them for more than 10 years.

More than 100 PwID passed the day care programs from 2001. Even they are not more clients of the day care center, they receive other kind of support.



HOW MANY BENEFICIARIES HOPE AND HEALTH SERVES?

- **Humanitarian support** – more than 100 families, including PwD, elderly, other disadvantaged receive clothes, footwear, food, detergents from:
 - churches, - local business, - local foundations, - in-kind donations from community members, etc.
- **Legal assistance and/or social / administrative support** – about 50 families per year.

It can be one-time assistance when a problem occur (writing a request to officials / institutions, representing beneficiary in different instances, etc.) or long-term assistance when intervention of more



WHAT WE ARE DOING NOW?

- **2017-2019 – Project** „Solidarität in der Gemeinschaft” (Solidarity in the community)
in cooperation with Diakonie Austria
funded by the Austrian Development Agency (ADA)
with funds of Austrian Development Cooperation
- **Attracting volunteers and fundraising** for those needs, which are not covered by the project:
 - Humanitarian support for beneficiaries;
 - Repair works, organizational development;
 - New social services development;
 - Individual assistance in hard situations, etc.



NEAR FUTURE PLANS

- To finish the foundation isolation;
- 200 m² roof repair;
- 7 old windows replace on second floor;
- Offices renovation;
- To prepare conditions for new 24/24 hours service to be provided “Community House” – bathrooms, beds, wardrobes, etc.;
- Develop social entrepreneurship (soap production – PwID employment);
- Etc.

